

International Festival of
CULTURAL DIVERSITY



We are thrilled to extend a heartfelt invitation to join us this Saturday 18 November 2023 at the school premises for the **International Festival of Cultural Diversity (IFCD)**. IFCD celebration brings the world's cultures under one roof, and we can't wait to share this vibrant experience with you all! Your presence this Saturday will not only honour the diverse cultural fabric of our school but also showcase the collective strength and harmony within our community.

Dress up in your most cherished cultural attire! Embrace the traditions and heritage that are unique to your cultural identity and together let's turn the event

into a kaleidoscope of cultural pride and diversity.

More to that, we take this moment to express our deepest gratitude to the incredible parents who've lent their unwavering support to make this event a reality. Your efforts in training students, tent preparations and overall organisational support are invaluable. Your dedication truly embodies the spirit of unity and community.

Preparations have been ongoing for a while now and final touches are being done for the final showcase. We are eagerly awaiting your presence!

We are excited to inform you about The Owlypia Intellectuals' Challenge, Kampala Round that is scheduled to take place from 25th- 26th November 2023 at Galaxy International School Uganda.

Owlypia – The Intellectuals' Challenge is a global competition where students aged 9-11 (Owlines), 12-14 (Owlets) and 15-18 (Owlys) are indulged in activities that inspire intellectual curiosity, develop research skills and academic confidence in young minds. Participants form teams of three, then each team member can select a subject of their choice from Social Sciences, Art & Design, Literature & Culture, Science & Technology and Economics & Business and then take on four challenges from that subject that include;

- 1. Knowledge challenge:** The big subject-based quiz! Participants get a quiz from their favourite subject
- 2. Impromptu challenge:** Participants experience organising thoughts in just 60 seconds.

They brainstorm and prepare a 1–2-minute speech in their teams.

3. Speech-craft challenge: Participants take part in an intense speaking contest as a team! In this challenge, participants defend the negative or the positive side of a given topic.

4. Team spirit challenge: All participants take this challenge together in the auditorium.

We request you to encourage our students to participate and kindly sign their consent form as well.

Preparations are under way for this competition. Please note that Primary students meet on Tuesday and Friday and secondary students meet on Wednesday and Thursday. Therefore, we request the parents to pick the students at 4.30pm.



GISU Parents Workshop

At GISU, we strive to create a learning environment that allows our students to morph into well rounded individuals ready to thrive in a diverse global world. We believe that our parent community equally has an important role to play in this endeavour. In that regard,

the school management along with the Parent Teacher Association are organising a parent Workshop on 3 December. More details that is: time, topic and guests etc will be communicated in the subsequent weekly announcements.

End-of-Term Exams



As we approach the end of Term 1, we want to reflect on the incredible effort and dedication our students have demonstrated in their studies. It's been a journey of growth, learning and shared accomplishments.

Exams provide a comprehensive evaluation of a student's understanding of the topics covered during the term. The examinations often require students to synthesise information from various sources and integrate knowledge gained, connect concepts and apply them to solve problems. We therefore expect the students to take these exams seriously.

Exams will start on Monday, 4th December 2023 and end on Thursday, 7th December 2023, for primary school and 12 December for secondary school. We encourage you to reflect on the knowledge and skills you have acquired throughout the term. This is your opportunity to showcase your understanding and demonstrate the incredible effort you have put into your studies. Believe in yourself, stay positive, and give it your best effort. Remember, exams are just one way to measure your progress, and they provide valuable insights for your ongoing academic journey.

mathemania Annual Internal Contest Results

Primary School



Our Primary upper key stage 2 students showcased their brilliance during Mathemania. Participating in this maths competition was an incredible experience! Our young minds engaged themselves with overflowing enthusiasm, embraced the challenge, infusing logic and mental maths skills during the competition. It was wonderful for them to see how maths applies to real-life situations and how important it is to understand it well.

With fervour and determination, they navigated through tricky problems, applying their understanding of mathematics. The atmosphere was charged with the joy of learning as these budding mathematicians demonstrated their prowess, leaving an indelible mark on this Maths competition. Congratulations to all the participants for their exceptional display of talent and their unwavering spirit in making this day a resounding success!

Secondary Continuous Professional development



Secondary school continues to ensure that all teaching staff live up to the high quality learning expectations of the school. There are a series of workshops lined up just to ensure that and last Wednesday the program kicked off . The team of teachers participated in a workshop specifically about Assessment for learning as a tool for ensuring student improvement.

The one hour highly interactive and engaging session was organised and presented by the Heads of departments of the school.

We will continue to put into practice the action points of the workshop and believe that this will go along way towards improving the learning experiences in our classrooms



Introducing THE WELFARE COMMITTEE: Empowering Lives

The Welfare Committee at Galaxy International School stands as a cornerstone in advancing the well-being of our school community by cultivating a nurturing environment for both students and staff. The committee understands that a positive and healthy environment is not only vital but also necessary for both students and staff to perform productively. By focusing on initiatives that enhance well-being and satisfaction, the Welfare Committee actively contributes to the overall success of Galaxy International School Uganda.

A Pillar of Support: The Welfare Committee serves as a steadfast pillar of support, ensuring that every member of our school family feels valued, heard, and cared for. Through a range of initiatives, the committee is dedicated to creating an inclusive and compassionate atmosphere where everyone can thrive.

Student-Centric Initiatives: Our passionate team focuses on initiatives directly benefiting our students. From organising mentorship programs to conducting wellness workshops, the Welfare Committee is committed to the holistic development of our young minds.

Staff Well-being: Recognizing the pivotal role of motivated staff, the committee extends its efforts to enhance the well-being of our teachers and administrative staff. Regular sessions on stress management, professional development opportunities, and team-building activities are just some of the ways we prioritise the welfare of our staff.

Community Engagement: Beyond the confines of our school, the Welfare Committee actively engages with the broader community. Initiatives such as charity drives, community outreach programs, and partnerships with local organisations exemplify our commitment to making a positive impact beyond our campus.

Cyber Security Awareness: In our ever-connected world, the Welfare Committee takes a proactive stance on cyber security. Initiatives such as cyber security awareness workshops, tips for safe online practices, and collaboration with experts in the field are part of our commitment to ensuring a secure digital environment for our students and staff.

How You Can Get Involved: We encourage every member of the Galaxy International School community to actively participate. Whether you have innovative ideas for new initiatives, want to volunteer your time, or simply wish to share your feedback, the Welfare Committee welcomes and values your involvement.

Stay Connected: To receive updates of our latest initiatives and events, follow us on [social media handles] and keep an eye on our vibrant notice boards.

The Welfare Committee at Galaxy International School is a dynamic force propelling positive change. Together, let's continue building a community where everyone thrives.
Members of the Committee:

The Welfare Committee is composed of dedicated individuals who bring diverse skills and perspectives to the table. Each member plays a crucial role in ensuring that the committee's initiatives are well-rounded and inclusive. The current members of the committee are as follows:



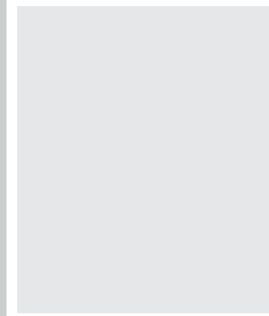
Mr. Rodney
Chairperson

With a wealth of experience and leadership skills, Mr. Rodney leads the committee, guiding its efforts to create a positive and supportive environment within the school.



Ms. Ritah Kainemura
Secretary

As the secretary, Ms. Kainemura plays a pivotal role in ensuring effective communication and coordination within the committee.



Ms. Eva Kakumba
Member

As a member of the committee, Ms. Kakumba contributes her expertise to create a positive working environment for the staff, fostering a sense of satisfaction and motivation.



Mr. Khalid Sari
Member

Bringing a global perspective to the committee, Mr. Khalid Sari adds an international dimension to the initiatives undertaken by the Welfare Committee.

Looking Ahead:



As the Welfare Committee continues to evolve, it remains dedicated to its mission of creating a positive and healthy environment within Galaxy International School. By fostering open communication, addressing the diverse needs of the school community, and implementing impactful initiatives, the committee contributes significantly to the overall success and well-being of students, staff, and management alike. Through their collective efforts, the Welfare Committee stands as a testament to the school's commitment to nurturing not only academic excellence but also the holistic development of every individual within its community.



Mr. Santo
Member

Mr. Santo takes on the crucial role of well-being coordinator, overseeing initiatives that directly impact the mental and emotional health of both students and staff.



Ms. Ann Jagenda
Member

A key member of the committee, Ms. Ann contributes her insights and expertise to address the diverse needs of the school community.

Jaydon and Mom

Handmade stuffed animals



I started crocheting when I was 6 years old - using safety pins as my crochet hook! I was taught by a housekeeper. We crocheted loofah sponges using strands we separated from nylon ropes. Thereafter, I started knitting with bicycle spokes I picked from bicycle repairers. I have managed to make a mat big enough for one person, weaved baskets and made banana fibre dolls—all this before I was 10 years old. Crafts classes in my lower primary helped too. In 'O' level, I enjoyed my needlework classes. I knitted, I crocheted, and I embroidered. In Senior 4 vacation, I knitted and crocheted tops and a skirt (I still have them).

However, once I went to university, all this skill and talent was forgotten about.

Currently, as Authentic Success - Coach, Speaker, and Author (Book in final stages), I recently kept having this nagging feeling like I was wasting the talent that God placed in my hands, but I couldn't pinpoint what exactly I would love to do. I ran to my Papa God and asked Him to guide me. One morning, the answer was crocheting. I was so thrilled!! A spark lit up in me. Crocheting had been the last thing on my mind, but at that moment, I remembered the crocheting of my childhood. The next day I went to look for supplies and started navigating my journey to what

specifically would give me joy to create - and here we are with STUFFED ANIMALS!

There's an unspeakable joy I feel making them, and I hope that everyone that ever owns any of my stuffed animals feels as special as I feel making them.

A SPECIAL SHOUT OUT TO MY SON - MY NUMBER 1 FAN, and VERY FIRST CUSTOMER! The very first day I made stuffed animals, he was so CAP-TI-VA-TED! He bought one using some of his piggy bank money. I saw it as a blessing and a 'sign' from above

My mission with my stuffed animals is to spread joy to children and to adults who are still young at heart.

Perfect gift for a loved one or yourself. For special occasions - Birthdays, Christmas, Baby showers, etc.),

Welcome to Ruthida Crafts! The doors are open for you to place your orders!

By Ms Ruthida Kajumba
Former PTA Vice Chairperson

Student perspective 1

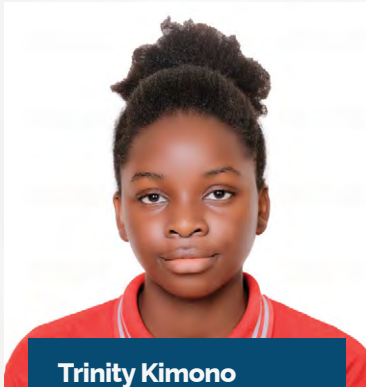
Igniting Hope Against Cancer

A Collective Journey Beyond Our School Walls with the Healthy Living Pledge

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Igniting Hope Against Cancer - A Collective Journey Beyond Our School Walls with the Healthy Living Pledge



Trinity Kimono
Year 11 Budgeting and
Finance Coordinator



Pollan Jhanelle
Year 11 - Communications
and Marketing Crew

Cancer Support Catalysts Club

Today, we are thrilled to share a story that extends beyond our school community—a story of hope, resilience, and collective action against cancer through the "Healthy Living Pledge." As proud Cancer Support Catalysts Club members, this journey demonstrates our commitment to creating awareness against cancer, focusing on early detection, prevention, and closing the knowledge gap.

1. Eating Well: As a community that extends beyond the school walls, let's commit to nourishing our bodies with various nutrients. In this fight, fruits, vegetables, whole grains, and lean proteins can become our collective armour. Limit processed foods, added sugars, and saturated fats.

2. Staying Active: Physical activities are not just an individual effort; it's a celebration that involves students, parents, families, staff, and everyone in our school community and beyond. Whether it's school-wide fitness events, group exercises, or community walks, let's make staying active a shared priority that reaches our families, relatives, and friends. Include activities such as walking, dancing, or playing sports. Aim for at least 150 minutes of moderate-intensity exercise per week.

3. Mindful Living: Stress affects us all, but together, we can embrace mindfulness and relaxation techniques as tools for resilience. Creating a culture of mindfulness within our school and beyond strengthens our collective well-being.

4. Building a Healthy Community: Let's unite against tobacco and alcohol and actively encourage each other to make healthier choices. Say no to smoking and avoid exposure to being passive smokers. Encourage others

to quit smoking and support their journey. Our community, reaching beyond our school, becomes a fortress of health and support for all.

5. Sun Safety: In the sun's warmth, let's collectively understand the importance of protecting our skin. Use sunscreen and wear protective clothing to reduce the risk of skin cancer.

It's not just a personal commitment but a shared symbol of resilience and hope for a cancer-free future that extends to our families, relatives, and friends.

We extend an inclusive invitation to every school community member and beyond—families, relatives, and friends—to join us on this remarkable journey. Let's collectively take the Healthy Living Pledge as individuals and a connected community united against cancer. Remember, our collective actions today can create hope that will ripple through generations. As a united community, we hold the power to ignite change.

Join the Virtual Pledge Station - Ignite Hope Against Cancer!

Every pledge ignites hope against cancer, and we want YOU to participate in this movement!

How to Join:

1. Follow Us:

@cancer.support.catalysts on Instagram

2. Share Your Pledge:

Post a photo or video declaring your commitment to a healthier lifestyle on your profile.

3. Use Hashtags:

Include #HealthyLivingPledge and #IgniteHopeAgainstCancer in your caption.

4. Tag Us:

Tag @cancer.support.catalysts to celebrate your pledge and share it with the community.

Let's turn our Instagram into a virtual wall of commitments, spreading awareness and inspiring others to take the pledge. Together, we can make a difference!

Thank you for being a part of this impactful journey. Ready to ignite hope against cancer?

Let's do this!

**#IgniteHope #CancerAwareness #HealthyLiving
#CommunityPledge**

Wishing every one of you hope, strength, and a future free of cancer.

Student perspective 2



By Samara Noronha Yr 11

Wearing Habesha Kemis and smiles
The people certainly beguiled
But there was so much more to witness
So, I travelled with much swiftness

I returned to the end
Right at the corner of the bend
Egypt and its deserts gleamed
My journey was just beginning it seemed

The pyramids of Giza stood
The test of times it withstood
Screaming tales of history
That otherwise would simply be a mystery

The River Nile flowed
And back in the canoe, I rowed
Gone to the other source
Ready to take another course

Lake Victoria, I floated in
On the shores, I saw the people grin
They treated me like their kin
In their hearts, I felt I was within

They fed me Matoke and G-nuts
Around their world, we began to strut
They left me at Mount Kilimanjaro
And I moved to Dar in wait of the morrow

I teetered at the edge
Watching the Zanzibarii men
jump off a ledge
Eating the grilled seafood
A different place, I pursued
I ran through Kenya carefully
Jumping with the Maasai merrily
As I made my way south
A vast place without a doubt

I heard the clicking melody of words
And saw the blue crane birds
I felt a different kind of air
The table mountain shared

Then somehow I travelled to the centre
Into the forests of DRC, I entered
I ate Fufu listening to lingala and french
leaving once I was fully quenched

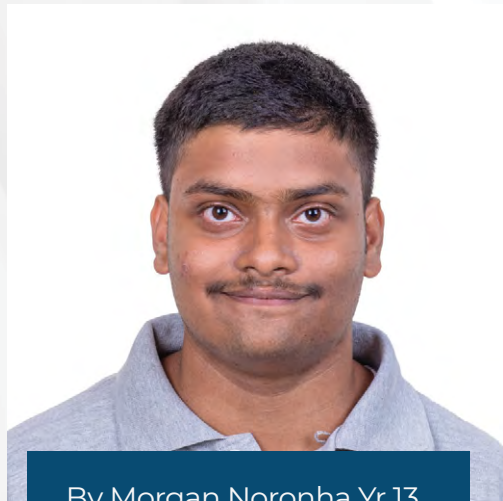
I moved towards the west
There were so many places to address
But I did my best
And continued with my quest

I visited Nigeria, an enigmatic place
It was a whole new space
Moving with the beat of the drum
Tech and culture together hummed

The Ghanaians sang as well
There was surely a lot to tell
They served me spice-filled stews
That I could not refuse

As, the place I left
I was feeling bereft
For there were many places I visited not
Not that they were forgot

But because the culture is so rich
Making the hard decision of which
I hopped, skipped and jumped through
A sliver of the grand land of Africa I stepped into



By Morgan Noronha Yr 13

Hop, Skip, Jump Through Africa

The River Nile flowed
And in my canoe, I rowed
In an attempt to experience and see
The African culture dance free

My first stop was blue
One of the sources of the two
In Ethiopia, I landed
Where my attention was commanded

Highlights from the Enchanting 2023 World Nursery Rhyme Week Celebration



The annual World Nursery Rhyme celebration took place from November 13th to 17th, 2023, and students enthusiastically immersed themselves in a range of engaging activities, including singing, dancing, and role-playing.

Among the highlights, Kindergarten 3 students poured their creativity into crafting a delightful bus, accompanied by a lively rendition of "Wheels on the Bus" as part of a classroom project. Meanwhile, Reception A and B classes captivated the audience with charming performances of "Hey Diddle Diddle" and "Hot Cross Buns," weaving in valuable lessons on rhyming and CVC words.

Adding an artistic flair to the assembly, Kindergarten 2 students showcased their imaginative

talents through vibrant paintings of "Row Your Boat."

Beyond the musical and artistic endeavours, the special week also embraced cultural awareness activities. Students engaged in greeting exchanges in various languages, fostering a sense of global connection. Additionally, the celebration featured enlightening videos showcasing diverse foods and cultural attire, enriching the students' understanding of the world around them.

In essence, the annual World Nursery Rhyme celebration proved to be a vibrant and educational week, fostering creativity, cultural appreciation, and a joyous atmosphere within the school community.



Early Years Zoo Adventures Reflections



The magic of learning came alive recently as our vibrant Early Years students embarked on an exciting adventure to the zoo. Surrounded by the wonders of the animal kingdom, our little explorers had the opportunity to observe, question, and marvel at the diverse creatures that share our planet. Here are some heartwarming reflections from our youngest learners:

Wide-Eyed Wonder: "A hippo is big and huge like my house. When I saw it, my eyes got super big. When I grow up, I want to be as big as a hippo." - Emmanuel Junior, Age 3

"When I saw a giraffe, it had a long-stretched neck running away. I want to be as tall as a giraffe." - Ukasha, Age 2

Curiosity Unleashed: "The zoo is like a big classroom, but with no walls. We learned about stripes and spots, and the teacher (zookeeper) told us stories about each animal. Learning outside is so much fun!" - Bethany, Age 4

Animal Friends: "The Zebra was my favourite! They walk and gallop, just like me and horses. I think we could be friends. I want to invite them to my birthday party!" - Gabriel, Age 4

Nature's Classroom: "I asked the Zoo guide questions. I want to know what chimpanzees eat and how they climb trees. The zoo is like a big book

that I would like to read every day." - Kibiri, Age 5

Expressing Creativity: "I drew a picture of the lions and monkeys with my colours. They make funny sounds. I want to show my drawing to my friends in class!" - Musa, Age 4

Developing Empathy: "When I saw baby animals, I felt happy. But when they are sad-looking, I feel a bit sad too. We need to take care of them and their homes." - Amber Jane, Age 4

Teamwork and Friendship: "We held hands and walked together. I helped my friend Queen find the zebras, and she helped me count the flamingos. It's more fun when we explore as a team!" - Aaliyah, Age 4

As teachers, witnessing the genuine joy, curiosity, and reflections of our Early Years students during this zoo adventure has been a true delight. These experiences not only spark a love for learning but also lay the foundation for empathy, teamwork, and a connection to the natural world.

Thank you to our dedicated and supportive families for creating opportunities for these magical learning moments. Together, we continue to nurture the curiosity and wonder that make each child's journey at Galaxy International School Uganda truly special.

Early Years Zoo Adventures Reflections

Benoja



I went to the zoo in
a van.

I saw monkeys climbing
on trees. I saw 2 crocodiles
sleeping.

I ate chips and chicken and
I drank soda and water.

kibri



I went to the zoo in
a van.

I saw a zebra a turtle
a snake a giraffe and a
crocodile.

I ate chips and chicken
and I drank coca-cola.

cevdet



I went to the zoo
in a van.

I saw a snake a lion
and giraffe.

I ate chips and chicken
and I drank soda.

Amber



I went to the zoo in
a van.

I saw a snake and a
lion.

I ate chicken and chips
and I drank coca-cola.

Early Years Zoo Adventures Reflections

Zoe

Zoo Trip



I went to the zoo in a van.



I saw a wild cat walking and an elephant eating watermelon.

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El

Zoo Trip



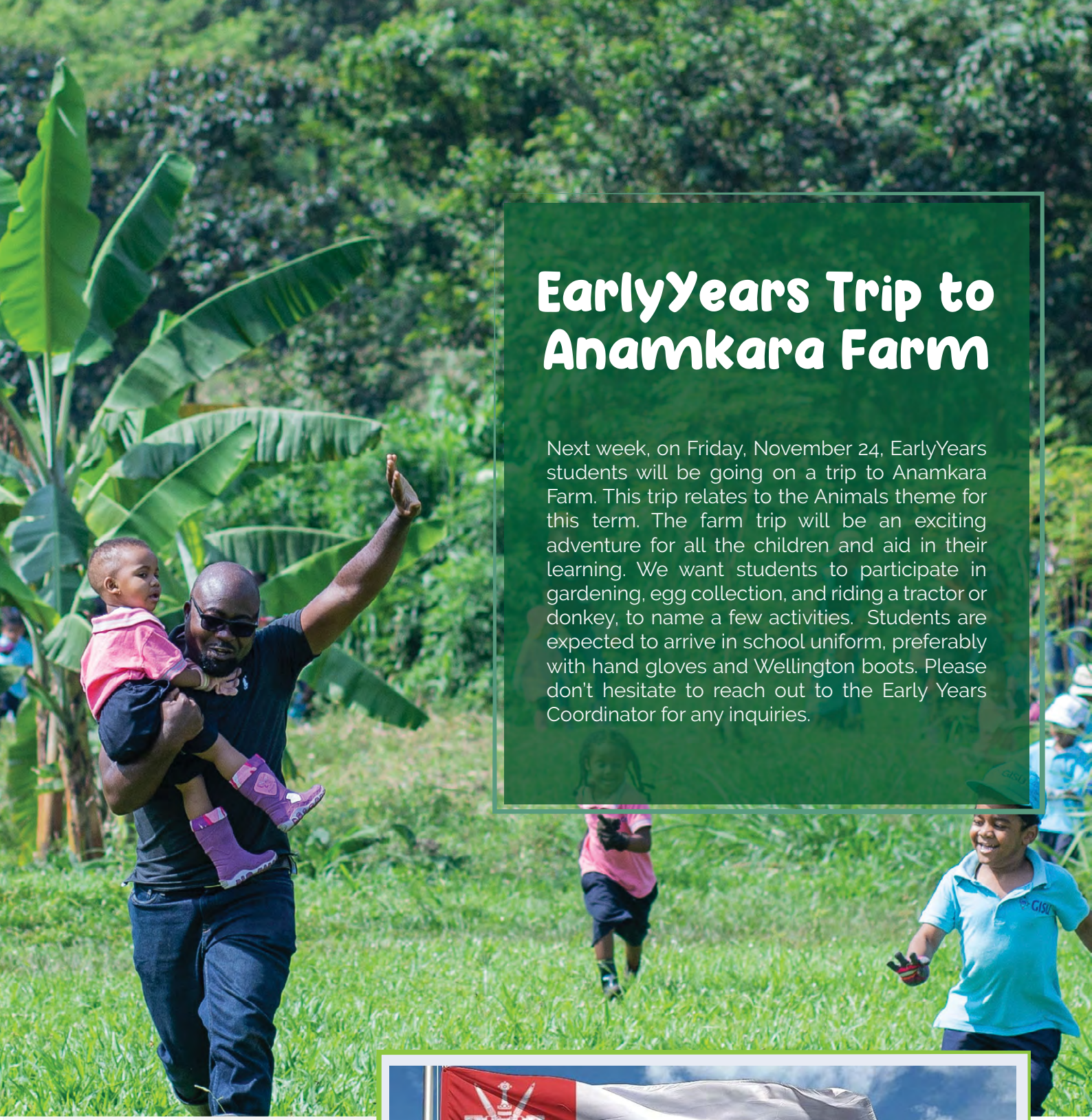
I went to the zoo in a van.



I saw a crocodile, an ostrich and a lion. I ate chicken and fries. I drank soda.

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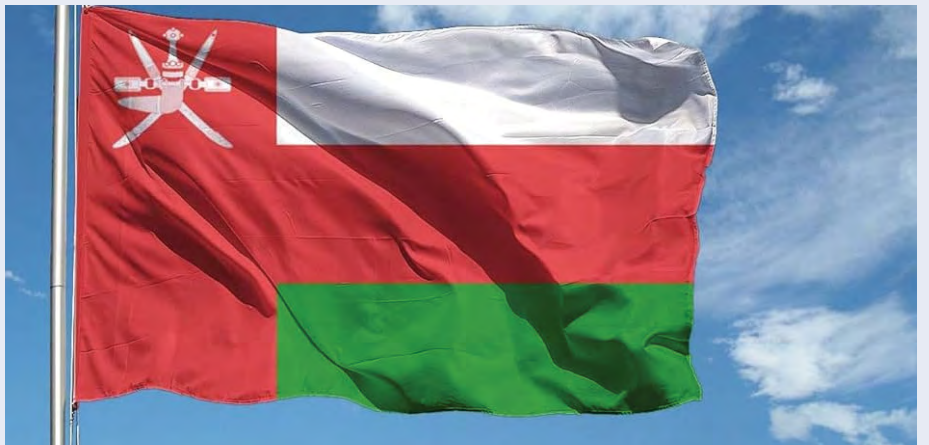


Early Years Trip to Anamkara Farm

Next week, on Friday, November 24, Early Years students will be going on a trip to Anamkara Farm. This trip relates to the Animals theme for this term. The farm trip will be an exciting adventure for all the children and aid in their learning. We want students to participate in gardening, egg collection, and riding a tractor or donkey, to name a few activities. Students are expected to arrive in school uniform, preferably with hand gloves and Wellington boots. Please don't hesitate to reach out to the Early Years Coordinator for any inquiries.

Independence Days

Galaxy International School Uganda would like to wish friends and families from Oman happy Independence Day celebrations.



Oman | 18 November



Update on the Proceeds from the GISU Marathon

We are happy to announce that our collective effort on Saturday 30th September -GISU marathon has born fruit.

During the commissioning of the classroom block at Mutungo Church of Uganda(MCOU) Primary School, we were shown the amazing work (the window shutters and glasses) that we had pledged to have installed from the proceeds of the run. The school administration, staff and students were ecstatic and could not thank the GISU community enough.

We would like to thank the P.T.A, CPR'S, the parent body,staff and students for the generous contribution towards making learning at MCOU a better experience.

We would also like to thank our partners the Rotaract Club Kigo under the leadership of President Margaret Naimanye for overseeing this project and commitment to impacting communities positively.



Menu

20 - 24 NOVEMBER, 2023

20.11.2023 (Monday)		
Snack		Lunch
Bolo de Rolo	Main	Pizza Margherita-Kfc Chicken
Black Tea		Chips
	Veg.	Gobi Manchurian Recipe
		Eggs Fry Masala
	Soup	N/A
	Salad	Fresh Mixed Salad & Lettuce
	Bar	Red Cabbage & Steamed Carrot
	Dessert	Mixed Juice
21.11.2023 (Tuesday)		
Snack		Lunch
Pan Cake Sandwich with Nutella-Banana	Main	Meatballs With Rice&Mixed Veg.
Black Tea		Veg. Spaghetti , Steamed Pumpkin
	Veg.	French Beans Stew
		Chilli Paneer
	Soup	N/A
	Salad	Bombay Carrot & Lettuce
	Bar	Avocado Salad
	Dessert	Watermelon
22.11.2023 (Wednesday)		
Snack		Lunch
Caterpillar Cookies	Main	Chicken Quesadilla
Black Tea		Brown and Plain Rice
	Veg.	Chips
		Aloo Palak
	Soup	N/A
	Salad	White-Red Gabbage Salad
	Bar	Mixed Salad - Guacamole Sauce
	Dessert	Hibiscus & Passion Juice
23.11.2023 (Thursday)		
Snack		Lunch
B.Rolls-Cheese &Nutella	Main	Oven Baked Goat with Vegetable
Black Tea		Carrot Rice
	Veg.	N/A
		Palak Kofta
	Soup	Tomato Soup
	Salad	Mediterranean Salad & Pickle
	Bar	Coleslaw Salad
	Dessert	Watermelon
24.11.2023 (Friday)		
Snack		Lunch
Mozarella Pide	Main	Kavurma
Black Tea		Brown and White Rice
	Veg.	Turkish Style Green Beans (Taze Fasulye)
		Bihindi Masala
	Soup	Yayla Soup
	Salad	Green Salad with Apple- Russian Salad
	Bar	Tomato-Onion Salad with Parsley
	Dessert	Mixed Fruit Juice - Ayran